



Mancos Elementary School 2016-2017 Classroom Supply Lists

FINAL!

Updated: 6/1/16

Kindergarten

Please label these items:

- ☺ One water bottle
- ☺ Daily Healthy Snack – see list on back
- ☺ One plastic pencil box
- ☺ One pair of good scissors - rounded tip preferred (no animal scissors)
- ☺ One plastic pencil bag w/ 3 binder holes
- ☺ Two plastic folders with brads on the inside w/ two pockets on the inside
- ☺ 1-2 Containers of Clorox wipes

Optional Items:

(if you would like to supply these items that would be great!)

- ☺ Small pillow for rest time
- ☺ Tissues
- ☺ Gallon sized Ziploc bags
- ☺ Quart size Ziploc bags
- ☺ Sandwich size Ziploc bags
- ☺ Band-aids

**Teachers: Mrs. Nicole Gregersen
& Mrs. Melodie Mitchell**

*Online Registration Starts:
July 21, 2016
www.mancosre6.edu*

3rd Grade

- ☺ One water bottle (optional)
- ☺ Daily Healthy Snack – see list on back (optional)
- ☺ Backpack
- ☺ One pair of scissors
- ☺ One small pencil box—make sure 2 pencils, scissors, markers, & crayons fit in box
- ☺ **Optional:**
 - 6" Protractor
 - 12" Ruler with both inches and centimeters
 - A set of multiplication and division flash cards
 - 1 - 2 Containers of Clorox or Disinfectant Wipes (Willburn's Class Only)

**Teachers: Mr. Fred Schroeder
& Mrs. Tara Willburn**

*On-Campus Registration:
Aug 2, 2016
in Elementary School
8am - 6pm*

1st Grade

- ☺ One short water bottle
- ☺ Backpack
- ☺ Daily Healthy Snack – see list on back
- ☺ One bottle of Elmer's glue
- ☺ One pair of good scissors rounded tip preferred
- ☺ Three plastic folders with brads on inside
*****These items do NOT need to be labeled*****
- ☺ One pencil box
- ☺ Four pink erasers
- ☺ 25 clear page protectors
- ☺ One package of four highlighters

Teachers: Ms. Kim Russell & Ms. Tyler Surowicz

*****Write your name on supplies*****

4th Grade

- ☺ One water bottle
- ☺ Backpack
- ☺ Daily Healthy Snack – see list on back
- ☺ One small pencil box
- ☺ Highlighters (yellow, green, and pink)
- ☺ Optional – Greenlee's Class Only:
 - 12" Ruler w/ both inches/centimeters
 - Scissors

**Teachers: Mrs. Staci Greenlee
& Mrs. Rachel Showalter**

2nd Grade

- ☺ One water bottle
- ☺ Backpack
- ☺ Daily Healthy Snack – see list on back
- ☺ One Container of Clorox Wipes
- ☺ 1 – Plastic 3-holed folder with 2 pockets (no metal fasteners)
- ☺ 2 - Plastic pocket folder with metal fasteners on the inside – 1 Red / 1 Blue
- ☺ Optional – Hand Sanitizer
- ☺ Pencil Box for Mrs. Zufelt's Class Only
(can be purchased first week of school once you find out who's the teacher)

**Teachers: Ms. Monica Roybal (Soon to be
Mrs. Monica Ramirez) & Mrs. Amanda Zufelt**

5th Grade

- ☺ One water bottle
- ☺ Backpack
- ☺ Daily Healthy Snack – see list on back
- ☺ Scissors
- ☺ Two folders with metal fasteners on the inside
- ☺ Two Containers of Clorox Wipes

**Teachers: Mrs. Kerisha Hawkins
& Mrs. Diane Stiles**

*Teacher/Class lists will
be posted in hallway on
Monday, 8/15/16!*

PE Class - Pair of tennis shoes
Art Class—Smock (optional)

Optional: WISH LIST/WANTED: (Nursing Supplies)
Tissues, Band-Aids, hand sanitizer, baby wipes, pint or quart-size zip lock bags, children's chewable Tylenol – Regular & Jr., & small sponges

Healthy Ideas for Classroom Snacks and Parties

Snacks are important for providing children with nutrients to support growth and learning. Parties are a fun opportunity to celebrate. However, school snacks and parties are not required to be cupcakes, ice cream, potato chips, and soda pop. With a little imagination, snacks and parties can be fun and still provide healthy, nutrient-rich foods. Give healthy partying and snacking a try with the following foods:

- ☺ Low-fat milk (plain or flavored) – plain, chocolate, strawberry, vanilla
- ☺ 100% juice – orange, apple, grape, cranberry
- ☺ Water (flavored)
- ☺ Fresh fruit with yogurt dipping sauce
- ☺ Apples with caramel dip
- ☺ Fruit and cheese kabobs
- ☺ Fruit with whipped topping – strawberries with whip cream
- ☺ 100% fruit snacks
- ☺ Fruit crisps or bakes (made with little added sugar & whole grain toppings)
- ☺ Vegetable tray with low-fat dip
- ☺ Celery sticks with peanut butter
- ☺ String cheese
- ☺ Low-fat pretzels or popcorn
- ☺ Graham or animal crackers
- ☺ Pizza with low-fat toppings – veggies, lean ham
- ☺ Sandwiches – ham, turkey, cheese (low fat condiments)
- ☺ Low-fat pudding cups
- ☺ Low-fat yogurt – Dannon Light 'n Fit, Trix, Yoplait Yumsters
- ☺ Yogurt smoothies – low-fat
- ☺ Yogurt parfaits – layered fruit, yogurt, and granola
- ☺ Quesadillas with salsa
- ☺ Granola bars or breakfast bars
- ☺ Trail mix or cereal mixes
- ☺ Angel food cake with fruit toppings
- ☺ Nuts, seeds

Here are some ideas for nutritious

snacks from  to 

- **A** – Apples, Apricots
* Use low fat versions
- **B** – Banana, Bean Dip, Blueberry Bagels
- **C** – Cantaloupe, Carrots, Celery, Cheese*, Cucumbers
- **D** – Dried Cereal, Dried Fruit Chips
- **E** – Eggs
- **F** – Fig Cookies, Frozen Fruit Bar, Fruit Kabobs
- **G** – Graham Crackers, Granola Bars, Grapes
- **H** – Honeydew Melon, Hot Chocolate*
- **I** – Iced Fruit (frozen grapes or melon cubes)
- **J** – Juices (100% juice), Jell-O with fruit, Jicama
- **K** – Kiwi Fruit, Krispy Rice Treats
- **L** – Low-fat Pudding, Laughing Cow Cheese*
- **M** – Milk*, Mangoes, Muffins*
- **N** – Nectarines, Nuts
- **O** – Orange Wedges, Oatmeal
- **P** – Past, Peaches, Pita Bread, Pretzels
- **Q** – Quesadillas* with Salsa
- **R** – Raisins, Rice Cakes (any flavor)
- **S** – Strawberries, Salsa Dip, Smoothies (with fruit)
- **T** – Tortillas with filling, Trail Mix
- **U** – Unbuttered Popcorn
- **V** – Vanilla Wafers
- **W** – Watermelon
- **X** – eXciting Fruits and Vegetables
- **Y** – Yogurt
- **Z** – Zucchini Slices, Zesty Crackers, Z bars (Kids cliff bars)